THREE NINES
CHILDREN'S CHARITY
Safe, Strong & Supported

IMPACT REPORT

July 2025 – July 2026



One year of transforming moments of crisis into pathways for healing, hope and resilience.

THREE NINES CHILDREN'S CHARITY
Safe, Strong & Supported

CONTENTS







OUR STORY

03 A Message From Our Founder
04 Who We Are & Why We Exist
05 Our First Year Journey

OUR IMPACT

06 12 Months At A Glance
07 How We Help
08 Emotional Support
09 Wellbeing & Hardship Support
10 Stories of Impact

STRONGER TOGETHER

11 Our Partnerships
12 Our Team
13 Our Growing Reach
14 Our Supporters

LOOKING AHEAD

15 The Journey Ahead
16 Thank You

THREE NINES CHILDREN'S CHARITY
Safe, Strong & Supported

A MESSAGE FROM OUR FOUNDER



When emergency services attend an incident, they provide the immediate response that children and families need.

But when the blue lights leave, the emotional impact often remains.

The fear. The uncertainty. The memories that children can carry long after the incident has ended.

Three Nines Children's Charity was created for that moment.

Named after the emergency number dialled in times of crisis, we exist to provide early, trauma-informed support to children and families affected by trauma and hardship following incidents attended by the emergency services.

Our first year has been about turning a vision into action. We've begun building services, forming partnerships and ensuring children do not have to face the aftermath of trauma alone.

> **Every emergency call has an ending. For many children, that's when the hardest part begins**

Everything we have achieved has been driven by one simple belief: Every child deserves the opportunity to heal, feel safe and look forward with hope.

To every volunteer, partner, emergency service, funder and supporter who has believed in our vision - thank you. Your encouragement has helped us build the foundations of something truly special.

We are incredibly proud of what we've achieved in our first year, but this is only the beginning.

Together, we will continue to transform moments of crisis into pathways for healing, hope and resilience.

Anne Campbell Gunn
Founder & CEO
Three Nines Children's Charity

THREE NINES
CHILDREN'S CHARITY
Safe, Strong & Supported

WHO WE ARE & WHY WE EXIST



Three Nines Children's Charity was founded to provide early, trauma informed support to children and families affected by incidents attended by the emergency services.

we exist for the moment after the blue lights fade - when children are left to make sense of what they have seen, heard or experienced.

Our aim is simple:

To transform moments of crisis in children's lives into pathways for healing hope and resilience.

We see the child behind the incident.

Our Mission

To provide trauma-informed emotional support, practical help and restorative opportunities that empower children and families to heal, rebuild and thrive after trauma and hardship.

OUR VALUES

Compassion

We lead with kindness, listening deeply and responding with empathy

Safety

We create spaces and experiences where children feel, safe, valued and supported.

Hope

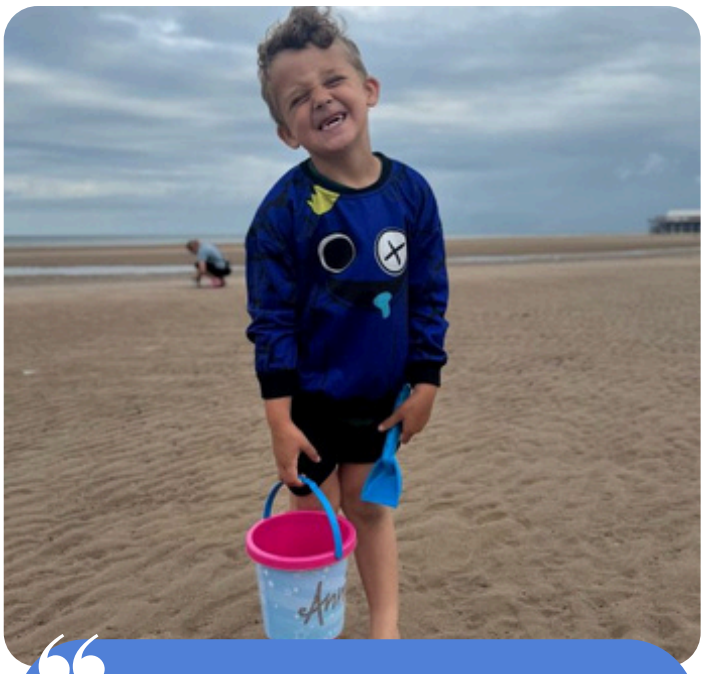
We believe every child can heal, every family can rebuild and every future can be brighter.

THREE NINES
CHILDREN'S CHARITY
Safe, Strong & Supported

OUR FIRST YEAR JOURNEY

In just twelve months, we've built the foundations of Three Nines and created life-changing support for children and families affected by trauma and hardship.

Here are some of the key moments from our first year.



It was the perfect holiday from start to finish. We made so many special memories together, and I can't thank The Principle Trust and Three Nines enough for making it possible.

A mum whose family was supported by Three Nines

June 2025
Official launch of charity at inaugural Blue Light Show, Olympia
Providing early trauma-informed support to children and families.

November 2025
British APCO Partnership
British APCO members choose Three Nines as their supported charity for 2026/2027. The association of public safety technology companies power the control rooms of the emergency services.

December 2025
Christmas Wishbox Campaign
Bringing comfort and joy to children during the festive season.

January 2026
Hope After Hurt Lottery launched
Our weekly lottery helps raise vital funds, enabling us to support even more children and families.

April 2026
Calm & Care Pack Prototypes Launched
Developed in partnership with BMT and Learning Resources UK to provide immediate emotional reassurance following emergency service attendance.

May 2026
Family Days Out Partnership Launched
Working in partnership with Merlin's Magic Wand to create special family experiences and lasting positive memories.

June 2026
Listening Ears Funded
National Lottery funding bid successful enabling us to expand our emotional support service for young people, Listening Ears.

July 2026
A Home For Three Nines
Sponsored by the Lord Lieutenant of Hertfordshire, Robert Voss, Hitchin Youth Trust's charity hub welcomes Three Nines to the refurbished premises. A fabulous space for peer support, volunteering, counseling, meetings and training.

THREE NINES CHILDREN'S CHARITY
Safe, Strong & Supported



TWELVE MONTHS AT A GLANCE

Thanks to the generosity of our supporters, partners and the emergency services, we've been able to **make a real difference to children and families when they need it most.**

223
Children & Young people Supported
Children & young people affected by trauma and hardship received support through our services.

48
Families Supported
Families received our wellbeing support during some of the hardest times in their lives.

176
Referrals Received
Children and families referred to Three Nines for support.

55
Hardship Support Packages Delivered
Providing practical items, technology, books, toys and games to children when they needed them most.

25
Family Respite Breaks Provided
Providing week-long family respite breaks in luxury seaside caravans, helping families reconnect and create new happy memories together.

102
Christmas Wish Boxes Delivered
Bringing joy, comfort and hope to children during the festive season.

84
Tickets provided for Family Days Out
Providing family days out to Merlin attractions and other restorative experiences, helping families create special memories together.

10
Listening Ears Emotional Support Sessions Delivered
A safe, supportive space for children and young people to talk, be heard and receive emotional support, delivered since the service launched in June 2026.

43
Trauma-Informed Emotional Support Referrals
Providing early, trauma-informed support to children and families using the SENSE model following traumatic incidents.

Figures shown are based on data recorded in our Charitylog CRM system for the reporting period July 2025–July 2026.

Every number represents a child who felt supported, a family who felt less alone and a future filled with hope.

Where our referrals come from

Police Services · Ambulance Services · Fire & Rescue Services · Victim Support · Referral Partners

21
Areas Reached
Providing vital support to children and families across England and Wales.

THREE NINES
CHILDREN'S CHARITY
Safe, Strong & Supported



HOW WE HELP

SUPPORT THAT MAKES A DIFFERENCE

At Three Nines we provide early trauma-informed support to children and families affected by trauma and hardship following incidents attended by the emergency services.

We're there for the moment after the blue lights fade.

Emotional Support

Providing early trauma-informed emotional support to help children and young people process their experiences, build resilience and begin healing.

- Listening Ears Emotional Support service
- Our pioneering Emotional First Aid initiative, including Calm & Care Packs
- One-to-one trauma-informed support
- Early intervention and onward support

Wellbeing Support

Providing opportunities for children and families to rest, reconnect and begin healing through positive restorative experiences that support emotional wellbeing.

- Family respite breaks
- Family days out
- Restorative experiences
- Creating positive memories together

Hardship Support

Providing practical support to help children and families through difficult times, ensuring they have the resources and comfort they need to feel safe and supported.

- Wish Boxes filled with toys, games, books and creative activities
- Seasonal Christmas Wish Box Campaign
- Essential items and practical support
- Technology, educational and comfort resources where needed

> *From what has been the most awful year in my whole forty years of living, some amazing memories were created with my children. It was a much-needed escape in what has been an extremely difficult time, and we were so grateful.*
>
> **A mum whose family was supported by Three Nines**

Our aim is simple:

To transform moments of crisis in children's lives into pathways for healing, hope and resilience.



THREE NINES
CHILDREN'S CHARITY
Safe, Strong & Supported



EMOTIONAL SUPPORT

FOR THE MOMENT AFTER THE BLUE LIGHTS FADE.

Named after the emergency number dialled in times of crisis, Three Nines Children's Charity exists to provide early, trauma-informed support to children and families affected by trauma and hardship following incidents attended by the emergency services.

Because while emergency services deal with the immediate crisis, the emotional impact on children can last long after the blue lights have gone. That's where Three Nines begins.

Emotional First Aid

Immediate support in the moments of crisis.

Our pioneering Emotional First Aid initiative has been developed in partnership with **BMT Consultancy** and **Learning Resources UK** to help frontline emergency services provide immediate emotional reassurance for children following traumatic incidents.

At the heart of the initiative are our **Calm & Care Packs**, containing comforting activities and practical resources to help children feel safe during the immediate aftermath of an incident, while providing families with a direct pathway to ongoing support from Three Nines.



In September 2026, we are piloting our **Calm & Care Packs** with **Police, Fire and Ambulance Services** across **Yorkshire, Essex and London** as part of our **Emotional First Aid initiative**, providing **immediate comfort, reassurance and early support** to children affected by emergency incidents.

Developed in partnership with

BMT

Strategic partners helping bring Emotional First Aid to frontline emergency services.

Learning Resources

Experts in children's learning and emotional wellbeing resources.

Listening Ears

Ongoing support as children begin to process and heal.

Our trauma-informed **Listening Ears** service provides confidential emotional support for children and young people affected by trauma following incidents attended by the emergency services.

Delivered after school by trained practitioners, the service offers a safe space where children can talk, process their experiences and begin to heal.



In June 2026 we were delighted to secure **National Lottery Community Fund** funding to help expand the service and reach even more children.

COMMUNITY FUND

Thanks to National Lottery players

THREE NINES
CHILDREN'S CHARITY
Safe, Strong & Supported



WELLBEING & HARDSHIP SUPPORT

Helping children and families rebuild, reconnect and move forward with hope

Healing takes time, and every family's journey is different. Alongside our emotional support services, we provide wellbeing experiences and practical assistance that help children and families regain stability, reconnect and create positive memories for the future.

Wellbeing Support

Creating moments of joy, connection and hope.

Trauma can have a lasting impact on children and families. Our wellbeing support provides opportunities to step away from difficult circumstances, spend quality time together and create positive memories that support emotional recovery.

Our wellbeing support includes:

- **Family respite breaks** giving families time to rest, reconnect and make positive memories .
- **Family days out** to Merlin attractions and other restorative experiences, helping families reconnect and create special memories together.
- **Activities** that strengthen family relationships and encourage quality time together.
- **Opportunities** to relax, recover and rebuild confidence following traumatic experiences.

Delivered with the support of our partners

MERLIN'S Magic Wand

The Principle Trust Children's Charity
making memories that last



Hardship Support

Practical support when families need it most.

Following traumatic incidents, many families face unexpected financial and practical challenges. Through our hardship support, we help ensure children have access to essential items, comfort resources and opportunities that can make a real difference during difficult times.

Our hardship support includes:

- **Wish Boxes** filled with toys, books, games and creative activities, tailored to each child.
- Seasonal **Christmas Wish Boxes** bringing comfort and joy during the festive period.
- **Essential items** and **practical support** for families facing hardship.
- **Technology, educational and wellbeing resources** to help children learn, recover and thrive.

Delivered with the support of our partners

thegivebox

KidsOut
THE FUN & HAPPINESS CHARITY

UNIVERSITY GAMES UG



THREE NINES CHILDREN'S CHARITY
Safe, Strong & Supported

STORIES OF IMPACT

Real stories. Real families. Real impact.

Behind every number is a child, a family and a story.

Over the past year, we have been privileged to walk alongside children and families during some of the most difficult moments of their lives. Every family's journey is unique, but each one reminds us why early, trauma-informed support matters.

These are just two of the many families whose lives have been touched by Three Nines Children's Charity.

Rebuilding After Tragedy

After three young sisters lost their brother in a tragic case of mistaken identity, their family was left navigating unimaginable grief.

Three Nines provided trauma-informed emotional support, essential items and personalised Wish Boxes, helping bring comfort, stability and moments of joy during one of the most difficult times in their lives.



Their dad shared:

"The girls were so happy when they opened their Wish Box. It meant the world to us to see them smile again."



Reiley's dad shared:

"This holiday showed us that happiness and quality family time are still possible. That smile of Reiley's face was amazing to see."

More Than a Holiday

After Reiley's mum was tragically murdered, his family were left navigating unimaginable grief.

Through one of our Family Respite Breaks, they were able to reconnect, create precious new memories and begin finding moments of hope again. It was a chance to simply be a family, away from the pressures of everyday life.

Every story reminds us why we do what we do.
Thank you for helping us be there for children and families in their darkest moments.

THREE NINES CHILDREN'S CHARITY
Safe, Strong & Supported



STRONGER TOGETHER

OUR PARTNERSHIPS

No child should face trauma alone.

Everything we've achieved in our first year has been made possible through the generosity, expertise and commitment of our partners. Together, we're providing emotional support, practical help and life-changing opportunities for children and families when they need it most.

INNOVATION PARTNERS

Partnering with **BMT** to develop our pioneering **Emotional First Aid initiative**, including the creation of our **Calm & Care Kits,** providing immediate emotional reassurance to children following emergency service attendance and a pathway to ongoing support

Partnering with **Learning Resources UK** to provide specialist social and emotional learning resources for our **Calm & Care Kits**, helping children express their thoughts and feelings while supporting compassionate conversations following emergency service attendance.

WELLBEING PARTNERS

Partnering with **Merlin's Magic Wand** to provide **family days out**, helping children and families reconnect, create lasting memories and begin healing together.

Partnering with **The Principle Trust Children's Charity** to provide **family respite breaks**, offering families the time and space to rest, reconnect and begin their journey towards healing.

HARDSHIP PARTNERS

Partnering with **KidsOut** to provide **toys** and **gifts**, bringing comfort, joy and moments of happiness to children during difficult times

Partnering with **The Give Box** to provide **books, practical resources and volunteer support**, helping meet the immediate needs of children and families facing hardship.

Partnering with **University Games** to provide **games** and **puzzles** for older children and young people, offering enjoyable activities and moments of distraction during difficult times.

REFERRAL PARTNERS

Partnering with trusted referral organisations, including **Victim Support and frontline emergency services**, ensuring children and families can access trauma-informed support when they need it most.

VICTIM SUPPORT

Police Services | Ambulance Services | Fire & Rescue Services

BRITISH APCO
Working in Partnership to Improve Public Safety Technology

Proudly chosen as **British APCO's Charity Partner** for 2026–2027, raising awareness of Three Nines and the importance of supporting children following emergency service attendance, while strengthening relationships across the UK public safety community.

THREE NINES
CHILDREN'S CHARITY
Safe, Strong & Supported

OUR TEAM

THE PEOPLE BEHIND THREE NINES



Three Nines is powered by a passionate team of staff, trustees, advisors and volunteers who share one common goal: helping children and families recover from trauma and hardship.

Together, we bring experience from the emergency services, safeguarding, mental health, education, communications, fundraising and the charity sector, working collaboratively to ensure every child receives the support they deserve.



Anne Campbell Gunn
Founding CEO



Diane Watts
Service Delivery Manager



Cara Bowler
Emotional Support Lead



Chloe Chapman
Marketing Manager

Supported by

Board of Trustees

Providing strategic leadership, governance and oversight to help guide the charity's growth and long-term vision.

Specialist Advisors & Ambassadors

Providing specialist expertise, professional guidance and passionate advocacy to help shape our work and champion our mission.

Dedicated Volunteers

Giving their time, skills and compassion to support our fundraising, events and day-to-day activities.



Marley Our Therapy Dog

Working alongside Emotional Support Lead Cara Bowler, Marley provides comfort and reassurance to children accessing our emotional support services

THREE NINES
CHILDREN'S CHARITY
Safe, Strong & Supported

GROWING OUR REACH



Building a national network of support for children and families affected by trauma and hardship.

From our operational bases in West Yorkshire and Cambridgeshire to our charity headquarters at the Hitchin Charity Hub in Hertfordshire, Three Nines is building a national network of trauma-informed support for children and families affected by trauma and hardship.

Through referrals and growing partnerships with emergency services and organisations, we're expanding our reach across the UK to help ensure no child faces trauma alone after the blue lights fade.





GROWING NATIONAL PARTNERSHIPS

In September 2026, our Calm & Care Kits are being piloted with **Police, Fire and Ambulance Services** across **Yorkshire**, **Essex** and **London**, helping us extend our early trauma-informed support to even more children following emergency incidents.





OUR NEW HOME IN HITCHIN

Our new base at Hitchin Youth Trust gives our growing charity a dedicated space to coordinate and deliver support for children and families.

THREE NINES CHILDREN'S CHARITY
Safe, Strong & Supported



OUR SUPPORTERS

The people and organisations helping make our work possible.

Three Nines' first year has been made possible by the generosity, encouragement and commitment of the people and organisations who believe **no child should face trauma alone after the blue lights fade.**

Every grant, donation, partnership, fundraising initiative, Hope After Hurt Lottery player and gift in kind has helped us develop new services, reach more children and families affected by trauma and hardship following incidents attended by the emergency services, and continue building a national network of trauma-informed support.

Funders

Our funders have played a vital role in helping turn our vision into reality, enabling us to launch new services and support more children and families.

COMMUNITY FUND

British APCO

Three Nines is proud to be **British APCO's Charity Partner for 2026–27.**

Together, we're raising awareness of early trauma-informed support for children and families affected by trauma and hardship following incidents attended by the emergency services

BRITISH APCO
Working in Partnership to Improve Public Safety Technology

Community Supporters

From local businesses and community groups to Rotary Clubs, individual fundraisers, Hope After Hurt Lottery players and generous donors, our community of supporters have played a vital role in helping Three Nines grow during its first year.

Rotary Great Britain & Ireland

Partners

Our partners have supported Three Nines through their generosity, expertise and gifts in kind, helping us develop new services and provide family respite holidays, family days out, books, toys and practical support that have brought comfort, joy and hope to children and families in moments of crisis.

BMT
Merlin's Magic Wand
KidsOut THE FUN & HAPPINESS CHARITY
The Principle Trust Children's Charity
Learning Resources

Hope After Hurt Lottery

Our Hope After Hurt Lottery provides regular monthly income that helps us plan ahead, develop our services and reach even more children and families.

Every ticket purchased helps ensure more children can access support when they need it most.



With Our Thanks

To every funder, partner, supporter, volunteer, fundraiser and Hope After Hurt Lottery player – thank you.

Because of your support, more children and families affected by trauma and hardship can access the care, comfort and support they need to begin healing.

THREE NINES
CHILDREN'S CHARITY
Safe, Strong & Supported



LOOKING AHEAD

Our first year has laid strong foundations, but this is only the beginning. As we look ahead, we'll continue working alongside the emergency services and partner organisations while expanding our reach across the UK, ensuring more children and families can access our early trauma-informed emotional, wellbeing and hardship support.

Roll Out Our Calm & Care Packs

Grow our Emotional First Aid initiative with emergency service partners, providing immediate comfort and a pathway to ongoing support for children following traumatic incidents.

Grow Listening Ears

Expand our trauma-informed emotional support service so more children and young people can access confidential support and begin their journey towards healing.

Provide More Hardship Support

Support more children and families with Wish Boxes, essential items and educational resources during times of hardship.

Strengthen Our Partnerships

Strengthen relationships with emergency services, charities and organisations to develop new initiatives, increase referrals and extend our reach.

Increase Our National Reach

Work with emergency services and partner organisations across the UK to make our support accessible to more children and families affected by trauma and hardship.

Grow Wellbeing Support

Expand access to family respite breaks, magical days out and restorative experiences that help children and families recover, reconnect and create positive memories together.

Secure a Sustainable Future

Secure long-term funding to ensure Three Nines can continue growing and supporting even more children and families across the UK.

> *"We've achieved so much in our first year, but this is only the beginning. With the continued support of our partners, funders, volunteers and supporters, we're building a future where no child or family has to face trauma and hardship alone. Together, we can make an even greater difference in the years ahead."*

Anne Campbell Gunn
Founder & CEO

THREE NINES
CHILDREN'S CHARITY
Safe, Strong & Supported



Thank You For Believing in Our Mission

As we reflect on our first year, we're incredibly grateful to everyone who has helped make Three Nines Children's Charity possible.

To our funders, supporters, volunteers, emergency service partners, referral partners, corporate partners and everyone who has chosen to stand alongside us – thank you.

Because of your generosity, trust and commitment, we've been able to support children and families when they needed it most, develop new services and build strong foundations for the future.

Together, we've shown what's possible when people come together with a shared purpose: ensuring children and families affected by trauma and hardship receive the care, compassion and support they deserve.

This is only the beginning, and we're excited for everything still to come.

Thank You

Together, we're helping ensure no child faces trauma alone after the blue lights fade.

www.threenines.org.uk